

Northeast Iowa School Insurance Trust
May 7, 2020 – 9:00 AM
Midwest Group Benefits
Zoom Conference Call - <https://us02web.zoom.us/j/85248611683>

Members Present (via Zoom): Allamakee – Jay Mathis & Jaime Curtin; Decorah – Mark Lane; Howard Winneshiek – Ted Ihns, Wendy Twait & Robyn Lane; Oelwein – Josh Ehn & Michael Rueber; Postville – Tim Dugger & Melissa Fettekether; North Fayette Valley – Duane Willhite & Sue Thoms & Jami Hollinrake; South Winneshiek – Kris Einck & Kris Smith; New Hampton – Jay Jurrens; Starmont – Cristen Bockenstedt

Midwest Group Benefits (MGB) staff – Rachel Narum.
Group Benefit Partners (GBP) staff - Brian Huinker and Justin Pieper.

Absent: Decorah – Darlene Woodhouse; New Hampton – Sue Bouska; Starmont – Troy Heller.

The May 7, 2020 Northeast Iowa School Insurance Trust (NEISIT) Board meeting was called to order at 9:03 AM by board president Josh Ehn.

Consent Agenda:

- 1) Approve minutes of meeting held February 13, 2020
- 2) Approve financial reports
 - a. February 2020
 - i. Medical Claims Paid = \$125,069.37
 - ii. Health Solutions = \$2,108.00
 - iii. Swisher and Cohrt = \$35.00
 - b. March 2020
 - i. Medical Claims Paid = \$63,194.92
 - ii. Reliance Standard = \$21,429.20
 - iii. Health Solutions = \$2,108.00
 - c. April 2020
 - i. Medical Claims Paid = \$93,908.48
 - ii. Reliance Standard = \$10,739.95
 - iii. Health Solutions = \$1,968.00
 - iv. Swisher and Cohrt = \$420.00

Motion by Mathis (Allamakee) second by Einck (South Winneshiek) to approve consent agenda

Roll call vote:

Ayes: Mathis (Allamakee), Lane (Decorah), Ihns (Howard Winneshiek), Ehn (Oelwein), Dugger (Postville), Willhite (North Fayette Valley), Einck (South Winneshiek), Jurrens (New Hampton), Bockenstedt (proxy for Heller, Starmont)

Absent:

9-0, motion passed.

Old Business:

Open Enrollment Update

Rachel Narum reported she hopes to close open enrollment by May 25, 2020. Brian Huinker reported a few questions with the dental coverage regarding questions about network coverage versus out of network coverage. Over the counter medications will now be an eligible expense for flex plans as well as the HSAs.

New Business:

Health Solutions Presentation for 2020-2021 Wellness Program

Mikki Scott from Health Solutions presented results for the 2019-2020 plan year. Overall movement on metrics was small, she couched this as being better than no movement. Justin Pieper reported the trust is seeing lower visits per thousand versus the Wellmark school block of business visits per thousand, he pointed toward the coaching and programs with Health Solutions as helping to improve these numbers.

Mikki also reviewed objectives and the vision of NEISIT for the Health Solutions programs. She recommended to continue to incent employees for completion of the health risk assessment, incent the post-screening consultation, and continue to offer monthly, voluntary intervention coaching. Recommendations for enhancement of the program included promoting next best action, promoting mobile portal capabilities, deploying program satisfaction surveys automatically, and continuing to offer Learn More sessions for self-schedule coaching sessions for those not in coaching.

The estimated annual program budget yields a net decrease in cost of the program from \$61,455 2019-20 estimate to \$54,044 2020-21 estimate. The reason behind the decrease is due to mirroring more realistic (lower) program participation numbers for 2020-21 as were seen in 2019-20.

Motion by Willhite (North Fayette Valley) second by Lane (Decorah) to accept Health Solutions recommendations.

Roll call vote:

Ayes: Mathis (Allamakee), Lane (Decorah), Ihns (Howard Winneshiek), Ehn (Oelwein), Dugger (Postville), Willhite (North Fayette Valley), Einck (South Winneshiek), Jurrens (New Hampton), Bockenstedt (proxy for Heller, Starmont)

Absent:

9-0, motion passed.

Discussion Items

Tim Dugger asked about the future meeting leader, Tim Dugger was mentioned as the future leader of the meeting – Tim asked about the future of these meetings remaining on Zoom – Josh voiced support of meeting a couple times a year in person but no reason Zoom couldn't be incorporated.

Motion by Ihns (Howard Winneshiek) second by Dugger (Postville) to adjourn at 10:14 AM.

Roll call vote:

Ayes: Mathis (Allamakee), Lane (Decorah), Ihns (Howard Winneshiek), Ehn (Oelwein), Dugger (Postville), Willhite (North Fayette Valley), Einck (South Winneshiek), Jurrens (New Hampton), Bockenstedt (proxy for Heller, Starmont)

Absent:

9-0, motion passed.

Respectfully submitted,
Michael Rueber
Oelwein CSD